

## **COMMUNITY INVOLVEMENT SKILLS**

**GRADE:** LENGTH: STANDARDS:

9-12 52 lessons **CASEL-aligned** 

## **DESCRIPTION**

As students prepare for postsecondary endeavors, the demand to cultivate skills for academic and workplace success intensifies. The Community Involvement Skills course equips students with the knowledge and skills needed for academic and workplace success.

Throughout the course, students learn and apply social emotional (SE) strategies to organize tasks, improve communication with others, manage emotions, and persevere through challenges.

Students put these new skills into practice by developing a plan and creating projects to positively impact their school culture and community. In the end, students leave this course with evidence-based SE skills and projects that they can leverage in both professional and personal settings.

## **OTHER BENEFITS**

This program may be used as a credit-bearing course, as a supplement to an existing course, during summer school, during an advisory or homeroom period, or for freshman onboarding.

92% OF EMPLOYERS SAY SEL (OR ESSENTIAL) SKILLS ARE **EQUALLY OR MORE IMPORTANT THAN TECHNICAL SKILLS.\*** 

\*Source: Future of Jobs Report 2018

## **KEY CURRICULUM CONCEPTS**

- Setting goals and planning.
- Strategies to manage stress.
- Teamwork and collaborative problem solving.
- Community service project.







