

# WHY IT IS IMPERATIVE TO ASSESS



# SOCIAL AND EMOTIONAL LEARNING (SEL) SKILLS

EDUCATORS BELIEVE **greater emphasis on SEL learning** would have **major benefits**.<sup>1</sup>

**IN SCHOOL**  
**77%**

of all teachers say SEL will **improve academic performance.**



**AT WORK**  
**87%**

believe SEL will be a major benefit in **preparing students for the workforce.**



**IN LIFE**  
**87%**

believe SEL will help students **become good citizens.**

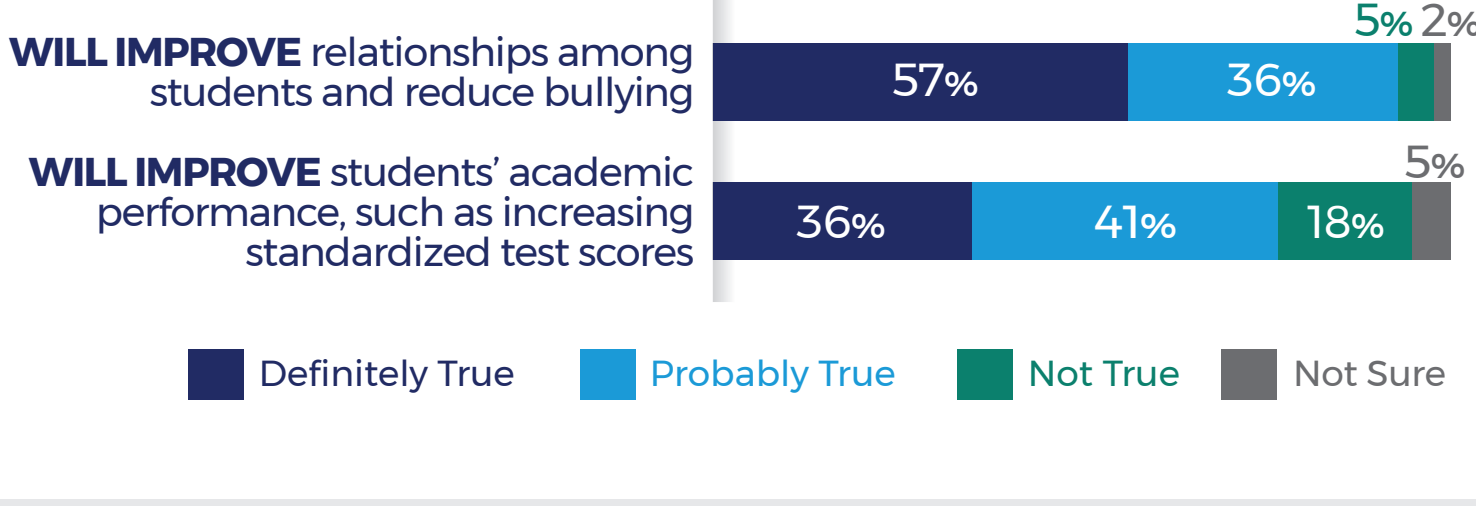


## Measuring the Big Five PERSONALITY FACTORS matters in the long run.<sup>2</sup>

There's an emerging and resounding consensus among researchers and educators alike that Social and Emotional Learning skills measurement matters—a lot. Decades of research has shown the **Big Five** personality factors predict a host of important outcomes across different ages, countries, and cultures. Social and Emotional Learning skills can be matched to the Big Five factors.



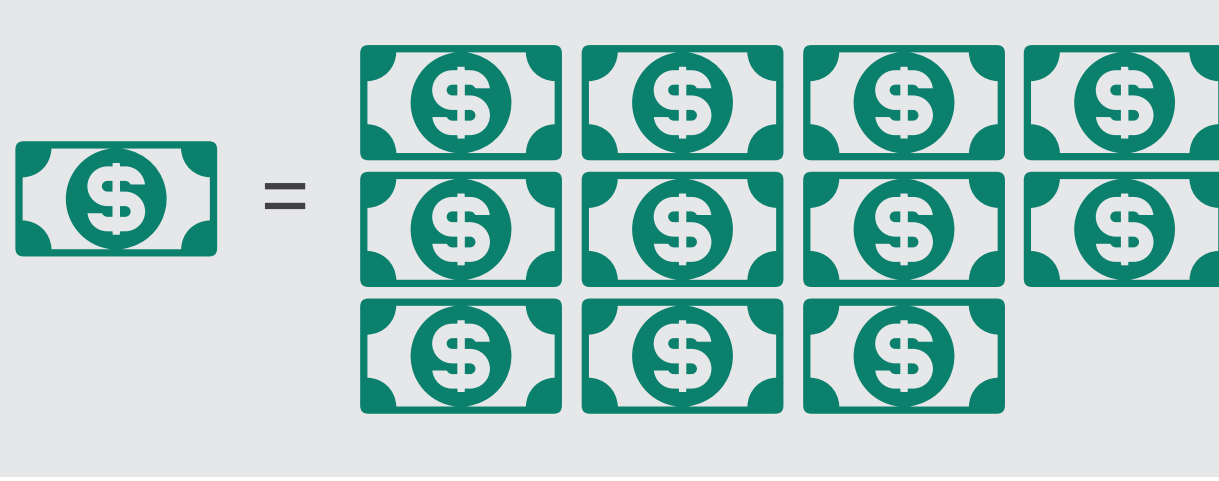
## TEACHING SOCIAL and EMOTIONAL LEARNING SKILLS in schools has a MEANINGFUL IMPACT.<sup>3</sup>



Legend: ■ Definitely True ■ Probably True ■ Not True ■ Not Sure

## SEL DELIVERS AN ECONOMIC BENEFIT.<sup>4</sup>

On average, **EVERY \$1 INVESTED** in SEL programs **YIELDS \$11 IN LONG-TERM BENEFITS**, ranging from reduced juvenile crime, higher lifetime earnings, and better mental and physical health.



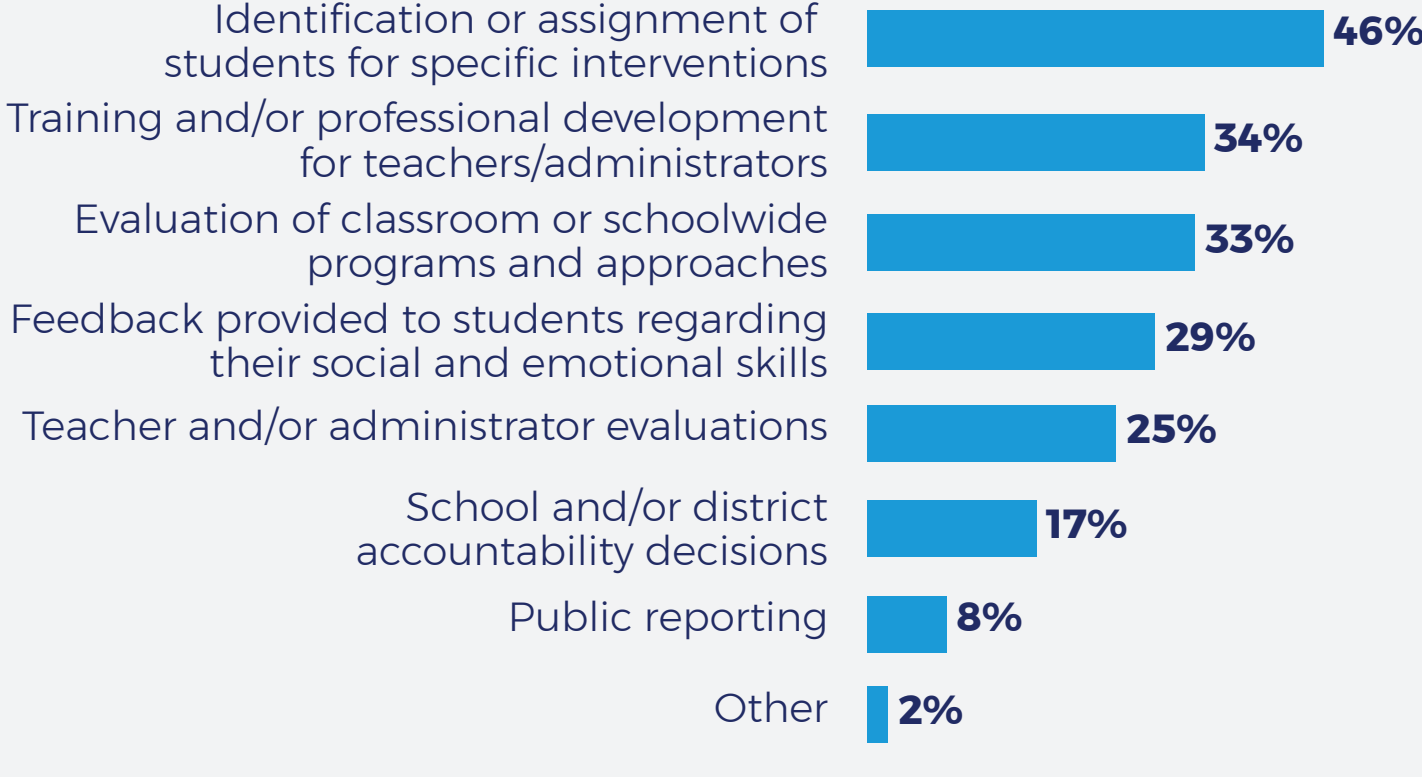
## Teachers believe programs in SEL ARE ESSENTIAL.<sup>5</sup>

► **Only 2%** of teachers think we teach **too much SEL.**



## Data can be used to help both STUDENTS AND TEACHERS.<sup>6</sup>

Educators see a wide array of current and **potential uses of SEL measurement.**



## Measurement of SEL IS RELIABLE AND VALID.<sup>7, 8, 9</sup>

Decades of work based on the Big Five, in diverse disciplines, spanning psychology, economics, and policy, attest to the veracity of constructs comprising the Tessera® Social and Emotional Learning Assessment System. To address well-known validity threats, the Tessera Social and Emotional Learning Assessment System uses disparate methodologies to assess each construct, with continual data collection and analysis providing reliability and evidence-based support for a compelling theory of action. The Tessera Social and Emotional Learning Assessment System uses **3** methods to counter potential problems with faking and reference bias.

- Strongly Agree**  
**Self-report rating scales.** Students rate the extent to which they agree with a series of statements designed to assess how their Social and Emotional Learning skills play out in the school context.
- Situational judgment test items.** Students rate the extent to which they agree with scenarios that reflect everyday school life and respond to five possible responses to these scenarios.
- Forced-choice items.** Students are presented with statements designed to assess how their social and emotional skills play out in the school context and are asked to select the statements that are "most like them" and "least like them."

**ACT**® **Tessera**®  
Next Generation Social and Emotional Learning Assessment System

**Download our report**  
Eight Steps to Strengthening SEL in Your School District

**Sources**  
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